

ENERGY verses

(To be sung to the tune of “Popular” – a song from the Broadway show “Wicked”)

What Is Energy and How Does It Work?

Energy

We're all about energy

About ebb and flow

Above or below

Energy is how we live

We are in both worlds oblivious to the

Energy

Energy

We're all about energy

The godspark within

Can cause us to grin

Or can take us to the core

It will just depend on how wisely we use the

Energy

Energy

We're all about energy

About dark and light

About sound and sight

Boy and girl and earth and sky

Balancing it takes a lot of concentrated

Energy

Radical Journey Energy Verses

Energy

We're all about energy

We dump out our cup

And can't fill it up

But we have more than we know

We can learn to access what is hidden in our

Energy

Energy

We're all about energy

About taste and choice

Speaking in own voice

Finding what we do believe

We select the honor, virtue and respect for

Energy

Energy

We're all about energy

It's mythology

And psychology

Football baseball and ballet

What is the career that will take all your life and

Energy

Energy

We're all about energy

Stars that shine at night

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Bring us more than light

We are made of star stuff too

Even though we fear it we can harmonize the

Energy

Energy

Though we are high energy

We can quiet down

Lose the daily frown

Breathing deeply, slowly and

Learning how to focus, clear our minds and claim our

Energy

Energy

We choose our own energy

We choose glad or sad

Mean or kind or mad

And we carry through that role

It's a question of how consciously we know our

Energy

Energy

We all have male energy

It supports the mind

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Body and we find

Using male makes us feel strong

But what are we missing if we think 'male only'

Energy

Energy

We are female energy

It's not gender but

Energy's the nut

We must learn to crack and chew

Finding a new way to see old things will challenge

Energy

Energy

In our female energy

Is both spirit and

Emotional band

And we have suppressed it all

It will take a revolution to change patterned

Energy

Energy

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There is a new energy

Blasting through from space

In the ending race

Of Piscean era ways

We are struggling with mystifying charged-up

Energy

Energy

Energy's the key

As the way to be

In the new Aquarian